

THINK 3 AT 3 MONTHS

THINK 3 AT 3 MONTHS

TODAY I AM...

1 MONTH



...AND I CAN BRIEFLY LIFT MY HEAD WHEN LAYING ON MY FRONT

Every baby is unique. These cards illustrate typical development patterns and the exact age to show these skills for individual babies may differ.

UK-UNB-20-0061
Date of preparation: October 2020

THINK 3 AT 3 MONTHS

TODAY I AM...

2 MONTHS



...AND I CAN MOVE MY HEAD SIDE TO SIDE WHEN LAYING ON MY FRONT

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UK-UNB-20-0061
Date of preparation: October 2020

THINK 3 AT 3 MONTHS

TODAY I AM...

3 MONTHS



...AND I CAN LIFT MY HEAD AND CHEST WHEN LAYING ON MY FRONT

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Cards adapted from data in: Hadders-Algra, M. 2018, Cambs NHS, NCT, Healthy Children and Help Me Grow.¹⁻⁵

Designed and funded by Novartis Gene Therapies in partnership with key experts.

1. Hadders-Algra M. *Neuroscience and Biobehavioral Reviews*. 2018(90):411-427. 2. Cambridgeshire Community Services NHS Trust. Child Development milestones. Available at: <https://www.cambscommunityservices.nhs.uk/advice/childhood-development/milestones>. Date accessed: October 2020. 3. NCT. Your baby's development: physical stages. Available at: <https://www.nct.org.uk/baby-toddler/games-and-play/your-babys-development-physical-stages>. Date accessed: October 2020. 4. Healthy Children, American Academy of Pediatrics. Is your baby's physical development on track? Available at: <https://www.healthychildren.org/English/ages-stages/baby/Pages/Is-Your-Babys-Physical-Development-on-Track.aspx>. Date accessed: October 2020. 5. Help me grow MM. Motor Developmental Milestones. Available at: <https://helpmegrowmn.org/HMG/DevelopMilestone/MotorMilestones/index.html>. Date accessed: October 2020.

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1 MONTH



...AND I CAN MOVE MY HAND TO MY MOUTH

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THINK 3 AT 3 MONTHS

TODAY I AM...

2 MONTHS



...AND I CAN WRIGGLE MY ARMS AND LEGS WHEN LYING ON MY BACK

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TODAY I AM...

3 MONTHS



...AND I CAN WAVE MY ARMS AND KICK MY LEGS

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1 MONTH



...AND I THROW OUT MY ARMS AND SPREAD MY FINGERS WHEN STARTLED

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THINK 3 AT 3 MONTHS

TODAY I AM...

2 MONTHS



...AND I CAN BRIEFLY HOLD A TOY THAT IS PLACED IN MY HAND

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THINK 3 AT 3 MONTHS

TODAY I AM...

3 MONTHS



...AND I AM BEGINNING TO REACH OUT FOR TOYS AND GRASPING THEM TO HOLD

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